

THE CITIZEN

Vol. 38, No. 20

U.S. Army Garrison Stuttgart

October 29, 2009

Serving the Greater Stuttgart Military Community

Garrison Arts and Crafts program named best in Army



Mira Reeves, civilian spouse, listens as Mike Quantrell, master carpenter at the Kelley Woodshop, advises her on adding edges to a night stand. The woodshop helped the USAG Stuttgart's FMWR Arts and Crafts program to win the award for best program in the Army for the third year in a row.

Story and photo by **Brittany Carlson**
USAG Stuttgart Public Affairs Office

For the third year running, the U.S. Army Garrison Stuttgart Family and Morale, Welfare and Recreation department's Arts and Crafts program has been named best in the Army for large garrisons.

The award, announced at the end of September, followed on the heels of the program's regional victory, when it won the Outstanding Recreation Program for Arts and Crafts award from Installation Management Command-Europe.

Kelly Sarles, garrison Arts and Crafts program director, attributes its success to the variety of craft options offered and professional staff.

"It's our diversity," she said. "We keep up with the latest trends and we're always changing to meet the needs of our customers."

In both the regional and Army-level competitions, new improvements and additions are a major factor in determining the best program, Sarles said. This year, USAG Stuttgart's program has several.

The Patch Multi-Crafts Center on Patch Barracks added a coffee bar to its store and started Art &

See *Arts and Crafts* on page 3

AAFES expands program, surveillance to catch shoplifters

By **Brittany Carlson**

USAG Stuttgart Public Affairs Office

Although U.S. Army Garrison Stuttgart has seen an increase in the number of shoplifting incidents in 2009, several new measures will make getting away with it more difficult.

Dandy Young, loss prevention manager for the garrisons' Army & Air Force Exchange Service, said he's really cracking down on theft this year, especially as the holidays approach.

New anti-theft measures include the installation of digital, motion and light sensor surveillance systems at every garrison shopette.

"We used to use VCR tapes," Young

said. "Now we use a 24-hour system that records every camera in the facility and maintains the video for up to 90 days."

According to industry statistical data, one in 11 people shoplift and 25 percent are children. So, AAFES conducts community and school events, explaining the consequences for stealing.

The minimum penalty for first-offense shoplifting is six months of suspended AAFES privileges Europe-wide, in addition to a \$200 civil recovery fee.

Civilian shoplifters appear before the local Civilian Misconduct Action Authority Board. Soldiers are disciplined according to the Uniform Code of Military Justice.

During the holidays, AAFES will keep a maximum of employees on-hand.

"We're not trying to keep it a secret that we're here and that we're protecting our merchandise," Young said.

Unfortunately, shoplifting is still a problem in the Stuttgart military community. From Jan. 1 to Oct. 16 this year, there were 58 incidences of shoplifting, compared to 45 last year.

"This summer, we did have a spike of almost 30 shoplifting cases in 60 days," said Tony Black, assistant CMAA to Garrison Commander Col. Richard M. Pastore. "The vast majority of these cases involved adolescents."

Shoplifters are inventing new ways to nick items, Young said, which include "price switching" (taking a mark-down sticker off of one item and putting it on another) and "accidental

shoplifting" (placing items in a stroller and neglecting to check them out).

Consuming food without paying for it or refunding a marked-down item for its full price are other forms of theft.

Shoplifting affects the entire garrison, Young said. AAFES' earnings are returned to the community. Last year, AAFES gave about \$495,000 to USAG Stuttgart. It would have been an additional \$2,000, had not the company had recover the cost of stolen goods.

Fortunately, he added, it's harder to succeed in stealing now. He attributes the rise in shoplifting incidents to more perpetrators being caught.

"Is shoplifting on the rise?" Young asked. "No. We're just watching a little harder."

Page 5

Community members test driving skills

Driving at top speeds around roundabouts and skidding out are all part of a driving safety course, provided to community members by the garrison safety office.



Pages 10-11

A son revisits father's WWII battleground

A U.S. Army Garrison Stuttgart employee takes a trip into his father's past when he and his family visit WWII battlefields in Europe.



INSIDE
THIS
EDITION

Protecting cyber security not as easy as 123(456)

Commentary by Master Sgt. Russell Petcoff

Secretary of the Air Force Public Affairs

Do you know what the most popular computer password is?

My guess would have been “password” or the very sneaky “p@ssword.” Turns out, the most common password is “123456.” Wow, that will surely baffle cyber crooks.

Believe it or not, some folks have researched passwords stolen from a popular e-mail service by phishers. Another popular password is “111111.” My guess is, security is not on the mind of anyone choosing that password.

October is Cyber Security Month. It’s time for everyone to think about their efforts to protect their computer systems and identity while online.

No doubt everyone has read cyber security tips. However, it’s always a good idea to review them, even if you’ve read them before. If these tips are new to you, I hope you will take them to heart.

Air Force cyber security officials recommend the following tips for your home computer:

- Use antivirus programs. Service-

“ Turns out, the most common password is “123456.” Another popular password is “111111.” My guess is, security is not on the mind of anyone choosing that password. ”

members and government employees can download free antivirus programs at https://www.jtfgno.mil/antivirus/antivirus_homeuse.htm.

- Keep firewalls turned on. Firewalls keep hackers out and prevent any malware from sending your out personal data over the Internet.

- Install a spyware/adware removal tool. Not all antivirus software removes spyware and adware.

- Don’t use an administrative account, except for when you want to make big changes to your system, or install new software. At all other times, you should be using standard user accounts.

- Choose a strong password. This is one of the most important security steps anyone can take. Use a password with a minimum of 12 characters; however, more is even better. Your password should include capital letters, lower-

case letters, punctuation, numbers and special characters.

According to the National Cyber Security Alliance (<http://www.stay-safeonline.info>), one way to choose a strong password is to choose an easy-to-remember phrase and convert initial letters into a password. “For example, ‘Only you can prevent forest fires’ could become: oYcp4estF,” according to NCSA officials.

- Keep the operating system up-to-date. Be sure to install the updates to ensure your computer has the latest protection. The best solution is to have the computer set for daily updates.

- Be careful downloading. Carelessly downloading e-mail attachments can circumvent even the most vigilant antivirus software. Never open an e-mail attachment from someone you don’t know and be wary of forwarded attachments.

Many people like to surf the Internet while enjoying a “cup of joe” at the local coffeehouse.

NCSA officials warn users of WiFi hotspots: “The most convenient wireless services — free hotspots offered by coffee shops, schools, libraries, etc. — carry the greatest risks.” Criminals can use the public network to intercept your online activities.

If you use a laptop, there are additional security actions to consider, according to NCSA officials:

- Lock your laptop with a security cable and treat it like cash.
 - Keep it off the floor.
 - Use a nondescript carrying case.
 - Keep your passwords elsewhere.
 - Password protect your system.
 - Always back up important data
 - Write down serial numbers to your laptop and keep them safe.
 - Mark or engrave your name and telephone number on the laptop.
 - Report theft to local authorities immediately. Visit the Consumer Information section of the Federal Trade Commission Web site (www.ftc.gov) for more information on identity theft.
- Remember, you are the key to your cyber security at home and at work.

THE CITIZEN

Col. Richard M. Pastore

U.S. Army Garrison Stuttgart Commander

Public Affairs Officer

Larry Reilly

lawrence.reilly@eur.army.mil

Editor

Susan Huseman

susan.huseman@eur.army.mil

Assistant Editor

Brittany Carlson

brittany.carlson1@eur.army.mil

Contact Information

Telephone: 431-3105/civ. 07031-15-3105

Fax: 431-3096/civ. 07031-15-3096

E-mail: stuttgartmedia@eur.army.mil

Web site: www.stuttgart@army.mil

Office Location: Building 2949, Panzer Kaserne

U.S. Army Address: Unit 30401, APO AE 09107

German Address: USAG-S PAO, Panzer Kaserne,

Geb. 2949, 3rd Floor, Panzerstrasse, 71032 Böblingen

This newspaper is an authorized publication for members of the Department of Defense. Contents of The Citizen are not necessarily the official views of, or endorsed by, the U.S. Government or the Department of the Army. All editorial content in this publication is prepared, edited, provided and approved by the USAG Stuttgart Public Affairs Office. Private organizations noted in this publication are not part of DoD.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement of the products or services advertised by the U.S. Army. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected. The Citizen is a biweekly offset press publication published by AdvantiPro GmbH. Circulation is 6,000 copies. For display advertising rates, call Hanna-Maria Weills at civ. 0631-3033-5537, e-mail ads@stuttgartcitizen.com. For classified advertising rates, call Sabrina Braun at civ. 0631-357-8306, e-mail class@stuttgartcitizen.com.

www.stuttgart@army.mil AdvantiPro

ON THE STREET

What was your best Halloween costume?



Carrie McFarland
(Civilian)

“‘Scream,’ because people thought I was a real killer, and ran.”



Lt. Johnny Lykens
(U.S. Navy)

“Dracula, because it [was] dark and cool.”



Kathy Hopkins
(Contractor Spouse)

“Raggedy Ann. My mom handmade the wig out of red yarn.”



Kevin Yatsco
(Civilian)

“My favorite was when I was the late, great Mr. Rogers.”



Warrant Officer Ray Garcia
(U.S. Marine Corps)

“Navy Sailor prior to becoming a Marine.”



Spc. Sarah Maria Moreno
(U.S. Army)

“Alice from ‘Alice in Wonderland.’”



Master Sgt. LeRoy Lewson
(U.S. Air Force)

“A ghost, because it was the most inexpensive costume.”



Master Sgt. Julie Brannan
(U.S. Air Force)

“Barbie with my daughter; we got to be twins.”

USAG Stuttgart children 'Read for the Record'

Story and photo by Larry Reilly
USAG Stuttgart Public Affairs Office

On Oct. 8, some 1,950 children in the Stuttgart military community opened the book "The Very Hungry Caterpillar," by Eric Carle, and read it from cover to cover in hopes of not only learning about hungry caterpillars, but helping to set a world record for reading.

The massive reading undertaking was part of the fourth annual Read for the Record attempt at getting the most children from around the world to read the same book on the same day. Last year's record to beat was 700,000.

Readings took place at all three Stuttgart elementary schools, as well as in the Child Development Centers and some Family Home Care locations. Special readings were held at the Patch Library and at the United Service Organizations office on Panzer Kaserne.

"We wanted to ensure as many young children in the community as possible were given the opportunity to read the book," said Sue Keck, Stuttgart USO programs coordinator.

In support of the Read for the Record objective, the USO, through its "United through Reading" program, donated more than 30,000 copies of the book to USO branch offices around the world, including 2,000 copies to the Stuttgart office.

"Unfortunately, we did not receive all the books prior to Oct. 8, but we did have enough to ensure the people who would be reading to the various groups of children had a copy," Keck said.

One reader was the U.S. Army Garrison Stuttgart senior enlisted officer, Command Sgt. Maj. Anthony Bryant, who nestled into a comfy reading chair Oct. 8 and looked out toward a sea of 60 first- and second-grade students patiently waiting to hear him read at Böblingen



USAG Stuttgart Command Sgt. Major Anthony M. Bryant reads "The Very Hungry Caterpillar," by Eric Carle, to a group of first- and second-graders at Böblingen Elementary School Oct. 8 as part of the Read for the Record program.

Elementary/ Middle School.

"I was kind of intimidated at first, as the students continued to inch forward, raising their hands and telling me to read the book," Bryant said. "Most of them knew the words before I could even read them. It was a very interactive session."

After the reading, the students went back to their classes to talk about the book and were greeted with a little "dirt" project.

"We thought about having the children make a dirt cup, but reconsidered and put a cup of pudding on their desk instead," said Keck.

The children weren't upset; in fact, it seems that pudding was even better than dirt, especially when it came to eating.

"I really like the book, especially the part when the caterpillar turned into a beautiful butterfly," said first-grader Lexi Baca, "but mostly I liked the pud-

ding. [It was] chocolate; my favorite."

While the children at the Böblingen and Patch schools were reading, children across town were not only reading the book, but also found out that the author of the book, Eric Carle, had a personal connection with their location.

"Of all the locations around the world that Eric Carle's book was being read, I was honored to be reading his book at a location where he was stationed as an American Soldier, next to a German town where he attended elementary school," said William Crane, USAG Stuttgart Directorate of Plans, Training, Mobilization and Security director, who read to children at the Robinson Barracks Elementary/Middle School.

The final tally of children around the world who read the book Oct. 8 will not be known for a couple weeks; however, the number of children in Stuttgart rose from 1,600 last year to 1,950 this year.

Arts and Crafts

Continued from page 1

Espresso, a boutique-style craft bazaar event that allows customers to buy gifts and observe artwork over coffee. The center also installed a new photo and scrapbooking kiosk.

The crafts center also provided new classes this year, including two international cooking classes, a digital photography course and off-site pottery painting.

There's more to the Arts and Crafts program than the Patch Multi-Crafts Center, however.

In fact, the Kelley Woodshop on Kelley Barracks is "part of the reason why we win every year," Sarles said. The woodshop boasts the latest in machinery, including planers and saws, as well as an experienced staff. Mike

Quantrell, master carpenter, has been working at the shop for 27 years.

He attributes the success of the woodshop and Arts and Crafts program to its open and friendly atmosphere. "Everybody helps everybody," he said. "It feels like home."

For Mira Reeves, civilian spouse, visiting the woodshop is an almost-daily routine. "It's the best-kept secret in Stuttgart," she said. So far, Reeves has built a bed, bookshelves, and two coat racks. Now, she is finishing a night stand. "It's just nice to create and know that it will be an heirloom," she added.

While they can work at their own pace, customers can always ask questions of Quantrell and his co-workers.

In fact, Quantrell added, every crafting facility in Stuttgart has highly-qualified staff members. "The whole team at MWR is supportive, with wide areas of experience and skills that you can call upon," he said.

To stay on top of their field, many Arts and Craft employees receive specialized training, and class instructors continue to learn new skills, Sarles said. "They are always learning and growing and passing that on to the community. You don't have that everywhere."

While winning the Army-level award is exciting, Sarles said, she doesn't plan to rest on her laurels. "We're always looking for new ways to improve because we're never willing to just stay with the status quo."

News & Notes

USAG Stuttgart to launch new Web site

The U.S. Army Garrison Stuttgart plans to launch a complete redesign of its Web site, www.stuttgart.army.mil, on Nov. 13. The new site will include 'Web News' on the homepage: a bi-weekly series of video stories, including news, features and information from all of the USAG Stuttgart tenant units.

Other new links on the site will be the 'Commander's Corner' and photo gallery, where viewers can find photos of garrison events and people through the USAG Stuttgart Public Affairs Office's flickr site, www.flickr.com/photos/stuttgart.

VFW to host Veterans Day ceremony

The American Legion Stuttgart Post 6 will conduct a Veterans Day ceremony on Nov. 11 on the Washington Square ceremony field at 11 a.m. The guest speaker will be Gen. William E. Ward, U.S. Africa Command commander.

Pick up mail at CMRs as soon as possible

The U.S. Army Garrison Stuttgart Community Mail Rooms urge community members to pick up their packages and mail in a timely fashion because the mail rooms are often filled to excess during the holiday season. Express mail must be picked up within five days and regular mail within 30 days, or it will be shipped back to the sender.

Panzer main gate construction affects traffic

For the next six months, it will take longer to depart Panzer Kaserne. A construction project to build a new security guard building at the Panzer Kaserne Main Gate will continue until March 2010. There will be no change for in-bound traffic, but outbound traffic will be severely delayed.

During duty hours, exiting/out-bound traffic can depart Panzer through the main gate, but there will be only one exit lane. They can also depart through Gate 4, next to the Panzer Commissary, from 6 a.m. until 8 p.m. For safety reasons, all traffic exiting Gate 4 will make a right turn on Panzerstrasse when leaving Panzer Kaserne.

The speed limit on Panzerstrasse in the area of Gate 4 will be reduced from 100 km to 70 km to enable safer access into traffic.

Using no-fee passports on leisure can leave you stranded

By Brittany Carlson

USAG Stuttgart Public Affairs Office

A government-issued or “no fee” passport can be very convenient. It is free of charge to command-sponsored military family members and Department of Defense civilians stationed overseas and allows them to bypass the process of applying for a tourist passport.

The convenience ends, however, when no-fee passports are used for leisure travel. Vacationers can find themselves stranded at the border of another country, trying to get in (or worse: trying to get out).

The reasons why the government-issued passport does not work on leisure travel are because “a government-issued passport is specifically for execution of government orders and travel associated with those orders,” said Edmund Snead, passport and VISA specialist at the U.S. Army Garrison Stuttgart passport office.

However, about 50 percent of customers to the passport office travel on their no-fee passport in Europe and run the risk of delay or denial, said Jennifer Luley, lead passport agent.

In recent years, one couple living in USAG Stuttgart was detained in Africa for using the no-fee passports, Snead said. “They were allowed to enter [but] they could not exit,” he said.

Several countries, including Africa, France, Egypt and Great Britain, have announced that they will not allow anyone on leisure travel with a no-fee official (red), diplomatic (black) or no-fee official (blue) passport to enter, as of Feb. 1. All other countries could deny entry or detain travelers if their passport does not indicate



www.photos.com

their actual travel status, at the country’s discretion.

Applying for a tourist or “fee” passport can prevent problems like these from arising. “A fee passport is built to travel anywhere in the world,” Snead said.

Those who need a tourist passport for any kind of holiday travel should apply at the passport office as soon as possible, he said, since they normally take eight to 12 weeks to process in the United States. The U.S. Embassy and U.S. Consulates in Germany are not authorized to accept passport applications.

Tourist passports cannot be expedited overseas, unless it is a confirmed emergency. If a traveler’s passport has less than six months of validity left, most airlines will deny boarding and most countries will not issue visas to accompany that passport.

In addition, the Status of Forces Agreement is required for all military dependents, contractors and

DoD civilians and their dependents while assigned to Germany. The SOFA stamp is placed in the no-fee passport. Both passports should be carried while traveling to ensure entry back into Germany.

Travelers in need of a new or renewed tourist passport or SOFA card will need to visit the passport office, and they will have to wait in line.

“Currently, we have only two certified agents to support all of Stuttgart,” said Tracee Quinn, chief of the military personnel division. “We encourage customers to utilize the www.travel.state.gov Web site to apply for their tourist passport.”

The tourist passport cost and processing time are two reasons why people sometimes don’t apply, but the biggest reason is that some individuals feel they shouldn’t have to, Snead said. “Many think, ‘I can travel anywhere because I’m a U.S. Citizen. It’s never going to be a problem.’”

Only recently, Snead said, a service member stationed in USAG Stuttgart attempted to cross the German-French border into Strasbourg on only a military ID card. He was mailed a €350 fine.

In addition to fines and denied entry or exit, people traveling without a tourist passport can also expect to be detained and questioned, Snead said. Tourist passports are a requirement, whether a country checks or not.

For more information, call the passport office at 431-2009/civ. 07031-15-2009, or look in the passport section of the USAG Stuttgart welcome binder. Up-to-date travel information and passport forms are available at www.travel.state.gov.

Prevent Halloween accidents by trick-or-treating safely

USAG Stuttgart Safety Office

This year, Halloween falls on Saturday, Oct. 31, and the USAG Stuttgart Directorate of Emergency Services has set the Trick or Treat hours for 5 to 8 p.m. for all on-post housing areas.

During this special occasion, safety is of prime concern to everyone in the community. The opportunity for accidents is magnified by the darkness, potential bad weather and children who, in their excitement, forget the safety precautions they have been taught.

Because of this, everyone must be alert to the dangers inherent to this holiday.

All housing occupants should review the following safety tips:

- Parents should remind children of the basic pedestrian rules.
- Cross streets only at crosswalks and never between parked cars.
- Look in all directions before crossing the street.
- Walk, don’t run, across the street.
- Use the sidewalks for walking. If there are no sidewalks, walk on the left side of the road, facing traffic.

Do not cross yards and lawns where unseen objects or the uneven terrain can present tripping hazards.

- All children should be accompanied by a parent or trusted, responsible adult. The chaperone should make sure that all children wear a watch and know what time their curfew is, have enough money to call home, if necessary, and don’t eat any candy until they have it inspected by an adult.

- Children should wear light-colored, nonflammable costumes that fit properly to prevent tripping. Choose bright colors, or add reflective tape. If it is cold outside, children should wear warm clothing underneath their costumes.

- Never allow children to carry sharp objects such as knives, swords or brooms.

- Children should stay in their own neighborhood and avoid unknown areas.

- Only visit homes that have the lights turned on. Accept treats at the door and never go into a stranger’s house.

- Have children carry a flashlight or light stick so that they can see and be seen.

- Residents that are giving out treats should make sure that their stairwell or home is well-lit and clear of all obstacles that could be a tripping hazard.

Have a safe and happy Halloween.

Bishop visits USAG Stuttgart



Larry Reilly

Reverend Gebhard Furst, the bishop of Rottenberg-Stuttgart Diocese, presides over the noon mass at the Patch Chapel on Patch Barracks Oct. 16. Also during his visit, Furst talked with garrison religious leaders and commanders.

Driving safety course provides practice for emergencies

Story & photos by **Brittany Carlson**
USAG Stuttgart Public Affairs Office

A driving safety class may not seem like the best place to spin out or drive as fast as possible.

However, the U.S. Army Garrison Stuttgart Safety Office thinks it is.

This is why they foot the bill for garrison community members to take the Allgemeiner Deutscher Automobil Club (German automobile club) driving course each year at the A.D.A.C. training site, near Leonberg.

There were no chalk boards or handouts to be seen, but every student did get to drive through a series of practical challenges in their own car.

In one exercise, students drove over skid pads and attempted to brake before "hitting" jets of water shooting out of the ground.

The safety office has been offering the course for the past 10 years, said Hans Dreizler, safety manager for USAG Stuttgart. This year, about 28 community members participated in three separate classes. "We felt we have to be proactive, rather than reactive," he said. "We want to prevent accidents."

The safety office prefers to offer the course in the fall, Dreizler said, when the roads are slick with rain and fallen leaves, and drivers begin to fear wintery roads.

"We want to make sure that they get a feeling for the handling characteristics of their own car, especially when it comes to critical situations, and when we can expect the weather to get worse," he said.

Students also practiced correcting their car when part of the track moved and threw their back wheels out.

"It's exhilarating to get out here and do 360s legally," said Jeremy Jacobs, a civilian in the class.

Trying these maneuvers in the safety of a class, and not on public roads, is another reason why this class is so necessary, he added. "I think everyone should take [the class], just to feel how your car reacts to these conditions and actually practice it over and over again."

Without practicing, there's a greater chance that a driver will react in fear or panic when an emergency situation occurs, Dreizler said.

"You can practice 10 to 15 times [here]," he added. "Out there, you have only one shot. Either you react properly, or you do not."

Patty Wright, a civilian spouse in the class Oct. 8, said learning to keep her foot on the brake, even when skid-



A driver at the A.D.A.C. driving safety course Oct. 8 tries to correct his vehicle in time to go through the water towers after his back tires were thrown out.

ding or spinning, was tough. "I had fear," she said. "I thought, 'I'm skidding.' [The instructor] said to never take your foot off the brake ... it's gonna be glued there from now on."

Other exercises included driving closely behind another car, while in a separate lane, then braking suddenly when the other car braked. This showed students that more following room between cars is necessary in order to react in time.

"It's amazing how just five kilometers more makes such a difference in the time it takes to stop," said Paul Lauchman, contractor.

Lauchman brought his brand new Corvette to the class to test its capabilities in a safe environment. He was surprised to find how quickly it could

pick up speed, especially during an exercise when each student drove as fast as they could, without losing steering control, in a roundabout.

"In two to three seconds, you are where you were looking," he said. "It's scary. I don't want to find this out on [public roads.] That's why I need to be here."

The driver's safety training course is neither mandatory nor required for any kind of license. Participants receive a certificate of completion from A.D.A.C., which, in some cases, can help lower car insurance premiums, Dreizler said.

For more information, call the USAG Stuttgart Safety Office at 431-3134/civ. 07031-15-3134.



Paul Lauchman, contractor, attempts to brake his Corvette on a skid pad before "hitting" the water obstacle during the A.D.A.C. course Oct. 8.

Are you and your vehicle prepared for winter driving?

USAG Stuttgart Safety Office

Driving during the fall and winter seasons can be inconvenient and annoying, but, most importantly, it can be dangerous!

Being prepared and taking certain precautions can help minimize the seasonal driving risks. Take time to ensure your vehicle is properly prepared. Here are some tips:

1. Don't be fooled by fallen foliage. Wet leaves on the road can have the same effect as ice. Therefore, drive carefully and use caution when braking, accelerating and taking curves on fallen leaves.

2. Fog is a major hazard on European highways and contributes to many vehicle accidents each year. It reduces visibility and can cause vehicles in front of you to appear at a greater distance than they really are.

As soon as you see fog appearing, increase the distance between your car and the vehicle in front of you and slow down before you enter a patch of fog. Use low beam headlights and, when available, fog lamps. Turn on the wipers and defroster to remove moisture from the windshield. Use the right edge of the road or road markings as a reference; never use

the rear lights of the vehicle in front of you as a guide. Turn off the car radio and open the driver's window in order to hear other vehicles. If visibility is lost, pull well off the road, turn on your hazard flashers and wait until the fog has cleared.

3. Don't get stuck in the first snowfall: put snow tires — or at least all-season tires — on all four wheels of your car as early as possible. The tread depth should not be less than 1/6 of an inch, or 4 millimeters. Chains may be required for some alpine passes. Always drive with caution and remember that even the best tires are of little use on ice.

4. Ensure that your rental car is equipped with snow tires. Many rental companies offer snow tires as additional equipment. In Germany, the law does not mandate the use of snow tires; it only requires that the tires be "suitable to the weather."

When reserving a rental car, customers should ask the rental company if they can provide a vehicle with snow tires when the weather conditions in the area they plan to drive in requires them. In case of an accident, customers who accepted vehicles without "suitable" tires are liable for all damages. Since snow tires are considered additional equipment, rental com-

panies may charge an additional fee for them.

5. Check that all lights are in good working order and that headlight beams are adjusted correctly. Clean them regularly. In rain, snow and slushy conditions, the lighting power can be greatly reduced (up to 75 percent) by a layer of dirt.

6. Make sure wiper blades are working properly, with no smearing or stripes on the windshield. If they are not, change the blades. Clean both sides of the windshield. The effects of cigarette smoke and dirt on the inside can reduce visibility by one third. Be sure the windshield washing fluid is freeze-resistant.

7. Ensure that all windows and lights are completely clear of snow and ice before driving. Remove all snow from the roof. Motorists following behind could be endangered by a sudden snow flurry from your roof.

8. Make sure your vehicle is fit to drive. Get an engine tune-up. Check the condition of the battery, making sure all connections are working and terminal points are not corroded.

Be sure all fluids (brake, hydraulic) are at proper levels. Anti-freeze should be strong enough to prevent freezing and fresh enough to prevent rust. Use either winter-grade oil or all-season-oil.

Army encourages seeking treatment for depression

By Jerry Harben

U.S. Army Medical Command

With the theme "One of the bravest acts ... is to ask for help when you need it," the Army is using National Depression Education and Awareness Month activities in October to combat a stigma associated with behavioral healthcare and teach Soldiers and their families how to recognize depression and get help for it.

Depression is more than just "feeling low." It is a serious medical condition that may be persistent and can interfere with a person's ability to function. It affects some 18.8 million Americans, according to the Uniformed Services University of the Health Sciences (USUHS).

Signs and symptoms of depression may include sadness, irritability, anxiety, fatigue, lack of energy, changes in appetite or weight, inability to sleep or changes in sleep pattern, inability to concentrate or make decisions, feeling worthless or inappropriate guilt, and thoughts of death or suicide.

Almost everyone experiences some of these symptoms at some time. But the more symptoms there are, the stronger they are and the longer they last, the more likely the person is suffering from depression. Experts say it is time to seek treatment when these symptoms are overwhelming and disabling.

"Depression is a medical illness caused by the malfunctioning of certain neuro-chemical systems in the brain," said Col. C. J. Diebold, chief

of psychiatry at Tripler Army Medical Center and the Army Surgeon General's consultant for psychiatry. "Factors contributing to depression can be psychological stress, physical illness, medical conditions such as anemia or a malfunctioning thyroid gland and side effects of certain medications. Depression can also occur with other psychiatric conditions, such as post-traumatic stress disorder."

"Like many medical conditions, depression can be inherited, so people may be at risk if their parents or grandparents have a history of depression," he added.

In 2008, the Department of Defense, Office of Personnel Management (OPM) and the Office of Management and Budget (OMB) approved revisions to question 21 on the Questionnaire for National Security Positions, Standard

Major depression is a remarkably treatable disorder and the majority of people who receive treatment overcome the illness.

Dr. Jack Smith

Acting Chief Medical Officer, TRICARE Management Activity

Form (SF) 86, regarding mental and emotional health counseling.

The change allows people who have been treated by a behavioral health professional due to marital or family reasons not related to violence, or related to adjustments from service in a military combat environment, to answer "no" to the question about receiving behavioral health care.

"Major depression is a remarkably treatable disorder and the majority of people who receive treatment overcome the illness and return to normal lives," Dr. Jack Smith, acting chief medical officer of the TRICARE Management Activity, wrote in an online article.

"If a person is concerned that they are depressed, then he or she should make an appointment to speak with a primary-care provider or a behavioral health professional for an assessment. Possible interventions include talk therapy and medications to treat symptoms associated with depression. The success rate is very high if a person follows the treatment plan," Diebold said.

For mild depression that does not require professional treatment, USUHS suggests the following actions:

- Manage your diet.
- Get adequate rest.
- Avoid alcohol.
- Participate in regular exercise.
- Surround yourself with people who are important to you.
- Communicate your feelings to someone you trust.
- Join a social support group in your military community or local area.

Behavioral health assessments available

The Department of Defense offers anonymous behavioral health assessments for Soldiers, family members and civilian government employees 24 hours a day, seven days a week, online at www.militarymentalhealth.org or by phone at (877) 877-3647.

Help for those who may be experiencing depression is available online at www.militaryonesource.com and the Defense Center of Excellence for Psychological Health and Traumatic Brain Injury Outreach Center Web site (http://www.dcoe.health.mil/media/DCoE_News/DCoE_Outreach_Center.aspx).

Information about depression is available from the Army Center for Health Promotion and Preventive Medicine Web site at <http://chppm-www.apgea.army.mil> and from the Army Behavioral Health Web site at <http://www.behavioralhealth.army.mil:80/>.

The Real Warriors Campaign is a DoD program designed to help Soldiers combat the stigma associated with seeking behavioral healthcare.

Depression is treatable. Seeking help for depression is a sign of strength. Most Soldiers who seek behavioral health support recover and remain on active duty.

Wii games now part of USAG Stuttgart Physical Therapy Clinic

Story and photo by Brittany Carlson

USAG Stuttgart Public Affairs Office

Injured military members and their families may expect a prescription for pain medication when they visit the doctor, but what about playing video games?

At the U.S. Army Garrison Stuttgart Physical Therapy Clinic, it could be just what the doctor ordered.

The clinic recently received two Wii gaming systems, complete with balance pads, Wii Fit games and flat-screen televisions from the garrison's American Red Cross station.

The \$3,000 gift was made possible through the Military Hospital Outreach Program, which provides grant funds for treating injured service members and their families through the ARC.

"Research is coming out showing the benefits to using a Wii," said Dr. John Tortorelli, chief of the USAG Stuttgart PT clinic. "It helps with balance and agility and allows patients to do it in a fun way."

Tortorelli said he has prescribed the Wii Fit to two or three patients so far. And, he added, it's more than just fun and games.

"It can be challenging, especially for someone who's injured," he said, adding that he tested a few of the games. "I was exerting myself."

The idea to add Wii systems to the clinic's therapy

options came to Tortorelli when he saw them being used at the Occupational Therapy Clinic in the Landstuhl Regional Medical Center. When the Red Cross notified him of the grant funds, he applied for them.

"We thought it would enhance our clinic to provide the latest in updated, evidence-based physical therapy to achieve [greater] affects," he said. "I believe we're the only physical therapy clinic in Europe that has them."

The clinic held a ribbon cutting ceremony for the Wii systems to thank the Red Cross Oct. 23.

In addition to the Wiis, USAG Stuttgart ARC grant funds will provide 10 annual swimming passes this year for physical therapy patients to use the hydrotherapy pool at the Badezentrum Sindelfingen, near Panzer Kaserne.

"It's giving something back to the community that they'll be able to make good use of, hopefully for a long time" said Karen Jorgenson, acting station manager for the garrison's ARC.

The Wii systems represent the first time that the USAG Stuttgart PT Clinic has been awarded ARC grant funds, Jorgenson added. She hopes this is the beginning of an ongoing funding partnership.

"I told them to continue looking at things [they need]," Jorgenson said. "Should something come up, we can put in the request for the grant funding."



Staff Sgt. Kevin Stokes, non commissioned officer in charge of the USAG Stuttgart Physical Therapy Clinic, demonstrates a game on one of the new Wii systems.

Trick or Treat hours

The Trick or Treat hours on Saturday, Oct. 31, are set from 5 to 8 p.m. for all on-post housing areas.

Blood drive set for Nov. 18-19

The Armed Services Blood Bank Center will hold a two-day blood drive in the USAG Stuttgart community Nov. 18 and 19.

The blood drive on Nov. 18 will be held at the Kelley Barracks Fitness Center and the Nov. 19 Blood Drive will be held at the Patch Barracks Fitness Center. Blood drive times are still to be determined.

TRICARE Online

Register for TRICARE Online and book appointments online at <https://www.tricare-online.com>.

The TRICARE Online administrator is available at 371-2768/civ. 06221-17-2768.

Halloween events scheduled

The Department for Family and Morale, Welfare and Recreation will host several Halloween activities for children and adults. These include a:

- Costume Party at Pancho Villa's restaurant on Kelley Barracks at 4:30 p.m. Oct. 30. Costume judging will begin at 10 p.m.
- Handmade Halloween Costume Contest at the Patch Multi-Crafts Center, Patch Barracks, from 12:30-2:30 p.m. Oct. 31.
- Halloween costume party from 6 p.m. Oct. 31 to 2 a.m. Nov. 1 at the Swabian Special Events Center, including a buffet, DJ and prizes. The cost is \$8.
- Community Club Costume Party from 4 p.m. to 12 a.m. Oct. 31 at the Patch Community Club on Patch Barracks.
- Costume Bowl, an all-day event at the Galaxy Bowling & Entertainment Center on Panzer Kaserne Oct. 31. Cost is \$1 if you are wearing a costume. (Shoes are not included.)

Join Parenting Support Group

The Parenting Support Group meets every other Wednesday from 12:30-1:30 p.m. at the Army Community

Pfennig Bazaar sets fundraising record



Carola Meusel
Hildegard Göhrum (center), founder of the Pfennig Bazaar, ties German and American scarves together to represent the friendship between nations at the bazaar's 41st annual event, with the help of Connie Ilg (left), German chairperson for the bazaar, and Lisa Croteau (right), American chairperson. Looking on are Felicitas von Hülson (left), German president of the German-American Women's Club of Stuttgart, and Anne Welton, American president for the GAWC. The bazaar, held Oct. 16-17, raised €107,000, a fundraising record for the event, which it will donate to various German and American community programs. For more photos, visit www.flickr.com/photos/usagstuttgart.

Service office, Building 2915 on Panzer Kaserne.

For more information, call 431-3353/3362/civ. 07031-15-3353/3362.

Art & Espresso returns to USAG-S

The U.S. Army Garrison Stuttgart DFMWR's Multi Craft Center will host another Art & Espresso event Nov. 5-7 at the Swabian Special Events Center on Patch Barracks.

A part of the ARThaus Gallery Series, Art & Espresso is an exhibition and sale of arts and crafts by local artists.

The hours are Nov. 5 from 4-8 p.m., Nov. 6 from noon to 8 pm. and Nov. 7 from 10 a.m. to 5 p.m. Artists and crafters interested in displaying should contact the Patch Multi-Crafts Center at 430-5270 or 0711-680-5270.

Enter photography contest

The Patch Multi-Crafts Center on Patch Barracks will host its annual photography contest in November. All garrison ID card holders can enter their best photos for a chance

to win valuable prizes and be entered in the Army-level photography contest.

Entries must be submitted by Nov. 4. There will be a public viewing Nov. 5-18 at the Patch Library on Patch Barracks. Awards will be given out Nov. 18 at 6:30.

Entry forms and guidelines are available at the Patch Multi-Crafts Center. For more information, call 430-5270/civ. 0711-680-5270.

Driver's Education Theory class starts

The USAG Stuttgart

FMWR, SKIES Unlimited program is accepting enrollment registration for its Driver's Education Theory Class.

The class will be held on the second floor of Building 2312 on Patch Barracks from Nov. 2 to Dec. 16.

The course is geared toward 17- and 18-year-old students. To take the class, students must be enrolled in CYS Services, Building 2347 on Patch Barracks. The deadline to register for the course is Oct. 30.

For more information, call 430-7480/7483/civ. 0711-680-7480/7483.

H&R BLOCK®

The year around Tax Services for Americans in Europe

Turn a sharp right leaving Patch
We are 300 meters on your left down the small road.

Kurmarkerstr.30
70569 Stuttgart-Vaihingen

Tel: 0711-687 30 96
Fax: 0711-687 71 59
E-mail: stokesagency@yahoo.com

MAKE-A-WISH.
wish.org

Share the Power of a Wish®

A CFC participant. Provided as a public service. © 2009 Make-A-Wish Foundation of America.

NAF Job Fair set for Nov. 4

The USAG Stuttgart Non-appropriated Fund Office will hold a Job Fair in the foyer of Building 2915 on Panzer Kaserne on Nov. 4 from 10 a.m. to 2 p.m.

A number of job opportunities are available, but the fair will focus on employment positions within Child, Youth and School Services. For more information, call 431-3126/civ. 07031-15-3126.

Claims Office to close for one week

The Stuttgart Law Center's Claims Office will be closed during the week of Nov. 2 - 6 due to Continuing Legal Education training being conducted throughout that week.

If your deadline to file a claim falls during that week, please either stop by the office the week prior, or call the Legal Assistance Office at 421-4152/civ. 0711-729-4152, so that arrangements can be made to assist you.

Learn about Stuttgart with orientation

The fall Stuttgart Newcomers Orientation will be held Nov. 3 and 5 in the Army Community Service office in Building 2915 on Panzer Kaserne.

During the class, students will learn German phrases, hear about German culture and practice using the German transportation system. They will also visit some local sites.

Classes are held Tuesdays from 8:15 a.m. to 4 p.m. and Thursdays from 8:45 a.m. to 5 p.m.

Participants must register with ACS by calling 431-3362/civ. 07031-15-3362.

Juvenile diabetes strikes one child
Every hour.

Thank you for making life-saving research possible.
Call 1.800.533.CURE
or visit www.jdrf.org.

JDRF Juvenile Diabetes Research Foundation International
dedicated to finding a cure

A CFC Participant. Provided as a public service.

To transfer GI Bill benefits, visit a career counselor

By Dave Melancon

U.S. Army Europe Public Affairs Office

It takes more than just logging onto a Web site for U.S. Army Europe Soldiers to transfer their Post-9/11 GI Bill education benefits to a family member.

Signing up is the first step. The second is letting a career counselor know about it, say USAREUR retention officials.

Soldiers can start the transfer process by logging into the Department of Defense Transferability of Education Benefits Web page and filling out the transfer form. Soldiers will need to log in with a DoD Common Access Card or Defense Finance and Accounting Service "myPay" PIN number.

Family members listed under the Defense Enrollment Eligibility Reporting System are eligible to receive education benefits under the program.

The next step is even easier, said Sgt. Maj. David

Best, USAREUR senior career counselor.

"The first thing the Soldier has to do after transferring his or her benefits in the TEB Web site is to contact their career counselor," he said. "We are the certifying officials for all enlisted Soldiers in Europe."

The career counselor verifies that the Soldier meets the eligibility standards required by the GI Bill program.

The basic requirement is that the Soldier must have at least six years of military service and not be subject to any adverse personnel actions, explained Sgt. 1st Class James Hatfield, USAREUR retention operations non commissioned officer.

Most requests are easy for counselors to certify, because most of the Soldiers requesting to transfer benefits have enough time remaining to their enlistments and are in good standing, Best explained.

However, some Soldiers may need to reenlist or extend to be eligible to transfer benefits. If Soldiers do not get in touch with a career counselor to make arrangements to reenlist or extend, their requests will be rejected and they must reapply after reenlisting or extending, he said.

The Army goal is to take about three business days to complete a transfer, Best explained. "Our goal in USAREUR is one business day."

Since Aug. 1, the day the transfer program became active, more than 400 USAREUR Soldiers have logged onto the TEB site and signed their family members up for education benefits, Best said.

"This is one of the number one requested benefits that have come out of the Army Family Action Plan," Best said. "It is a benefit that Soldiers and family



members have requested over the years, and they are taking advantage of it."

"It has been wildly popular," he said. "Soldiers and family members are very interested in it."

Best stressed that career counselors are not education counselors and do not dispense education advice, but said career counselors will help Soldiers who need assistance with the application process.

Once a career counselor certifies a request, the Soldier's family member should apply to the Department of Veterans Affairs.

Soldiers with questions about their Post-9/11 GI Bill benefits, eligibility to transfer those benefits and other questions can contact their servicing career counselor or local education services office, or visit the VA Web site at www.gibill.va.gov.

The DoD Transferability of Education Benefits Web page is available at <https://www.dmdc.osd.mil/TEB/>.

General polices for TEB are available at www.defenselink.mil/home/features/2009/0409_gibill/.

This is one of the number one requested benefits that have come out of the Army Family Action Plan. It has been wildly popular.

Sgt. Maj. David Best

USAREUR Senior Career Counselor

USAG Stuttgart programs recognize Energy Saving Month

USAG Stuttgart Public Affairs Office

October is designated as National Energy Awareness Month, and U.S. Army Garrison Stuttgart is implementing several new projects to save energy in the community.

This year's theme for the month is "A Sustainable Energy Future: We're putting all the pieces together."

In accordance with the theme, the USAG Stuttgart Department of Public Works has initiated several long-term, energy-saving projects. For example, it has installed solar panels on Building 3318 Kelley Barracks (DPW main office building) as a test project.

"Technology continues to improve, allowing us to test the cost effectiveness of solar panels to draw down our installation electrical cost," said Steven Raymond, USAG Stuttgart DPW chief of operations and maintenance.

In addition, DPW recently completed water line privatization for the installations on Patch, Kelley and Robinson Barracks. These projects renewed outdated water supply lines and now save the community approximately \$700,000 annually.

DPW also won \$7.5 million in Instal-

lation Management Command energy funds during the 2009 fiscal year to replace the installation heating and distribution system on Panzer Kaserne.

"We are very excited about the potential of extending the upgrade works to include new dedicated district heat lines provided by the city," Raymond said. "If this can be realized, we will have minimized our on-post emissions, while reducing our energy costs and improving our system reliability."

Finally, DPW has installed light and motion sensors in many of the public community areas.

Garrison and senior leaders within the Department of the Army are encouraging all Soldiers, family members, civilian employees and contractors to practice saving more energy.

Consumers can save energy by turning off lights and shutting down equipment while they are not in use, and limiting a vehicle's idling time, according to a memorandum from Army senior leaders.

"Energy saving projects provide for our needs, but being energy conscious and conserving can make a huge contribution to the program," Raymond said. "Very simply, if you don't need an energy resource, turn it off!"

Singing, lantern parades mark St. Martin's Day in Germany

By Carola Meusel

USAG Stuttgart Public Affairs Office

It may be dark and cold in Germany on the night of Nov. 11, but this is not why passersby will see children walking with a lantern.

As they walk, they sing: "I am walking with my lantern and my lantern is walking with me," the children sing. "Up in the sky the stars are shining and down on earth we are shining as well. Saint Martin leads us - labimmel, labammel, labum."

The song and hand-crafted lanterns part of Saint Martin's day, celebrated all over Germany each year to honor Saint Martin, the patron saint of charity.

People in Germany, Bavaria, and Austria remember Saint Martin, a Roman legionnaire who converted to Christianity, became a monk and then, in 372 A.D., became the bishop of Tours.

Legend has it that the Roman Soldier, Martin, was traveling on a cold, winter night on his horse when he saw a freezing beggar. Martin felt compassion for the beggar and divided his coat into two pieces in order to share it with the beggar.

With this donation, Martin saved the beggar's life and became the patron saint of charity.

Based on this legend, people all over Germany celebrate St. Martin's Day each year with traditional St. Martin's Day parades, the lighting of the Martin's fire and reenactments of the legend.

Kindergarten and elementary school children craft their lanterns and rehearse songs about St. Martin for weeks in advance and then, during the evening of Nov. 11, light their lanterns and walk through the neighborhood with their family and friends.

This fall tradition has similarities to the American Halloween, since some children collect candies and baked goods. However, there is more to Martin's Day, also called "Martini Day."

The special highlight of the day is the Martin's goose. According to the legend, when the people of



www.sg-dettingen.de

Children walk with their lanterns to honor Saint Martin during a past Saint Martin's Day Parade Nov. 11 in Dettingen, Germany. As they walk, they sing several traditional lantern songs.

Tours elected Martin to become bishop, the humble man felt uncomfortable with the responsibility. Therefore, he decided to hide in a goose stall. However, the geese chattered loudly and Martin was found and given the title of bishop.

This is why people in Southern Germany enjoy the traditional Martin's goose dinner. The goose is stuffed and served with red cabbage and dumplings.

Children prefer baked Martin's geese made out of cookie or yeast dough as a sweet twist on the original recipe, or the traditional salty Martin's pretzel. In the Northern part of Germany, children receive a Martin's pretzel made out of sweet yeast dough sprinkled with sugar.

Traditional Martin's goose recipe:



www.worldpress_gans.de

Ingredients:

- 1 mid-sized goose
- 2 onions
- salt, pepper and mugwort (Beifuß)
- 2 apples
- butter
- 1 can of sour cream

Directions:

Wash the goose and sprinkle salt and pepper on it. Slice onions and apples and add the mugwort (Beifuß) to stuff the goose. Tie the legs together and roast the goose in butter. Bake the goose in the pre-heated oven (180°) for one hour. For a golden brown crust, spread butter on the goose occasionally. Mix the sour cream with the drippings and add a little flour for the gravy. Serve with potato dumplings and red cabbage.

Martin's goose restaurant recommendations

Gänse Besen Schmidlen

This traditional Swabian restaurant serves Martin's goose from its own breeding farm, from Nov. 1 to Dec. 19 daily at 11 a.m. It is located at Höhe 1, 70736 Fellbach. For reservations, call 0711-534-128 or visit www.fruechtle.com.

0711-5413-39. It is located at Am Schnarrenberg 14, 70376 Stuttgart (near Robinson Barracks).

Restaurant/Weinstube Zur Krone

Martin's goose is served here throughout November. For reservations, call 0711-3227-35 or visit www.krone-uhlbach.de. It is located at Uhlbacher Str. 225, 70329 Stuttgart-Uhlbach.

Zum Alten Pfefferer

Martin's goose is served here throughout the month of November. For reservations, call

Note: Reservations are required for all Martin's goose meals!

BEEN THERE. DONE THAT.

Click today... cash tomorrow®
www.militaryloans.com

We've been making loans of up to \$10,000 to active duty military for over 59 years.



For the latest announcements, visit www.stuttgart.army.mil



International Baptist Church of Stuttgart

Services:
Sunday 9:30 AM & 11:30 AM • Wednesday 6:30 PM

Untere Waldplätze 38 • 70569 Stuttgart (Vaihingen)

Phone: +49 711 687 43 65
Fax: +49 711 678 80 26
E-Mail: email@ibcstuttgart.de
Web: www.ibcstuttgart.de

Help Fight Childhood Cancer

800-822-6344 • www.stjude.org



St. Jude Children's Research Hospital

ALSAC • Danny Thomas, Founder

A CFC Participant - provided as a public service.

Retracing Dad's steps in the Bulge

As Veterans Day approaches, a USAG Stuttgart employee rediscovers father's part in WWII

Story by and photos provided by John Davis
Special to The Citizen

My father was my hero growing up. He did all the things a son could admire in a father. He left a secure position as an FBI Special Agent to join the United States Army during World War II because he loved his country.

As a boy, my father told me many stories of his experiences in the war — the ferocity of combat in eastern France, acts of courage and sacrifice by his fellow Soldiers, his eventual capture and treatment in a German POW camp and his liberation by Soviet forces.

He reflected on the war a lot. It wasn't ever in a manner of boasting, but in an effort to make me aware of what happened.



Durley B. Davis, 1944

I had always wanted to visit this terrain with him, but my father passed away in 1995.

Though he provided me with a vivid oral history, the memories faded with time. Recently, however, I re-discovered an assortment of notes and handmade diaries within an old Phillies cigar box.

The box also contained several keepsakes, such as a pyramid-shaped Seventh Army patch, a Combat Infantryman badge, dog tags, ribbons, a few medals and several faded black and white photos. My father's handwritten notes, combined with several published accounts of my father's Division, have allowed my children and I the opportunity to re-discover his part in American history.

What renewed my interest the most, however, came with my assignment to Stuttgart, Germany, last year.

As a Foreign Service Officer, I am presently assigned to U.S. European Command, serving as a Liaison Officer for the U.S. Department of State. Now, 65 years after my father fought in Europe, I am retracing his wartime experience with my children.



John Davis and his daughter, Lydia, 10, pose for a photo outside of a pillbox in Phillipsbourg, France, where the 70th Division "Trailblazers" defended the Falkenberg mountain.

A mission to no-man's land

My father, Durley B. Davis, Jr., or "D.B.," enlisted in the Army in May 1944.

He was assigned to the 70th Division, known as the "Trailblazers." Within the 70th, my father was part of the 275th Infantry Regiment, Baker Company. He was 27 years old.

The 70th landed in Marseilles, France on Dec. 15, 1944. Shortly before New Year's Day, Baker Company had advanced to the small town of Phillipsbourg, the location of a key road network through the Vosges Mountains in eastern France. The Maginot Line runs through this area, and my father would often recall the concrete pillboxes that dot the area.

It was just a few kilometers outside the town that Baker Company would witness a dramatic counterattack known by its German codename, "Nordwind."

Baker Company was given the task of se-

The first time we visited the battlefield area, I was overwhelmed with emotion. What was, for [my father], a life-changing experience is now being revisited through the eyes of his grandchildren.

curing the southwest slope of the Falkenberg Mountain. This position would control a key road intersection critical in thwarting the enemy's advance. However, shortly after taking up their position, Baker Company's radio contact with the 275th Regimental Headquarters failed, cutting off communications.

Moreover, weather conditions were severe, with record snowfall and sub-zero temperatures. Many Soldiers, including my father, had not yet received winter fatigues. Without gloves, my father paid a village woman to sew a thumb and trigger finger into a pair of socks.



"Trailblazers" patch

"War is not as it is depicted in the movies," my father would say to me. "It is sheer hell."

He would describe to me the terrifying sounds of the German rockets, nicknamed "screaming meemees," and the white phosphorous artillery rounds that burst at tree top level.

"You couldn't extinguish the phosphorous once it landed on you," he would say. He would recall the muffled "thump" of distant mortars and the pungent odor of cordite. He recounted the unique staccato report of the German "burp gun" (MP40 machine gun), which added to the terrifying cacophony of battle.

Many of his comrades were cut down by these weapons. Countless bodies of German and American troops lay frozen in the snow, in this no-man's land around Phillipsbourg.

It was a frightening and ghoulis scene, one that would inhabit his nightmares for the rest of his life.

Reading a letter he wrote to his parents from the front only days before battle, I see no fear expressed — only a desire to reassure his family. Yet, between the lines, it is clear that with the battle's proximity and the evidence of significant casualties, he knew this was something he might not return from.

Taken prisoner

On December 31, the German counterattack "Nordwind" suddenly swept through the Vosges, accompanied by tanks and an incessant barrage of artillery. Baker Company, dug in on Falkenberg's southwest slope, became surrounded by German units from the a battle-hardened German infantry division, the 256th Volks-Grenadiers.

The Company commander ordered that no fires be lit. Even cigarettes were off-limits for fear of giving away their position. Food rations were depleted. Ammunition had nearly run out.

For six nights, the Company held off the German advance, but casualties continued to mount through spontaneous firefights. Even the commander was seriously wounded, his arm riddled by rounds from a burp gun. My father described a medic who bled to death while helping others.

German troops dressed in white fatigues —

snow camouflage — would rattle cans with pebbles in them as they circled the forest, in an effort to unnerve the Americans. On Jan. 5, the Company commander gave the order to surrender the remaining force to the Germans. A handful of German soldiers that Baker Company had taken as prisoner earlier carried the white flag down the mountain.



The Liberty ship "Excelsior" took Davis and other Soldiers home in 1945.

By one estimate, Baker Company had 90 percent of its force killed, wounded or captured as a result of the German attack.

My father would spend the remainder of the war as a prisoner of war at Stalag 4B, the largest of all German POW camps, located in Muhlberg, Germany.

65 years later ...

My father's battlefield is 90 miles from my home in Stuttgart. Phillipsbourg and the nearby Falkenberg mountain are easy to find with a GPS. In less than two hours, I can drive from my home to the main street in the town of Phillipsbourg.

The first time my family and I visited the battlefield area, I was overwhelmed with emotion. I'm 50 years old. I had always wanted to see this site.

We parked the car and walked the length of the street. It is a quaint little town that doesn't look like it has changed much from the period of the war, save for the fact that the buildings have been restored.



Durley Davis, center left, plays cards with other Soldiers on a makeshift table at Camp Lucky Strike in 1945. The camp was one of several U.S. facilities in France named after cigarette brands to receive and treat the masses of liberated American POWs.



Durley Davis, left, poses with other Soldiers under a sign reading "Through These Portals Pass the Best Damn Soldiers in the World," likely at Le Havre, France, the port city that served as a main debarkation point for American Soldiers at the end of WWII. Signs like this one were seen frequently at various port terminals, where American POWs boarded liberty ships and set off for home in the summer of 1945, once they had been processed at one of the cigarette camps.

The church and its unique spire are absolutely stunning. It was a field hospital during WWII, used by both sides, depending on who had possession of the town.

Having heard my father's stories and read numerous written accounts, I could almost imagine the town as it was during the December of 1944.

We made our way to the small visitors' center and found the monument to my father's Division: 70th "Trailblazers."

I took a picture of my sons inside the bunker, one of the remaining fortifications of the French Maginot line.

We have now made several trips to this picturesque farming village, so typical of the Alsace-Lorraine region.

With my kids, I take inventory of the densely-forested hills. We clamber up the logging roads that spiral around the Falkenberg, until we reach the 1500-foot summit.

We stumble into now-shallow, leaf-filled foxholes and explore the small caves on the mountain's slopes. We take pictures next to pillboxes on the roads below the mountain. I read to them passages from various books written on the battle and share the stories my father passed down to me.

It is this exact spot, the steep southwest slope of the Falkenberg Mountain, where

my father and Baker Company withstood the prolonged six-day German counterattack of Nordwind. The country charm defies the carnage that once took place here.

What was, for him, a life-changing experience, is now being revisited through the eyes of his grandchildren.

The place is precious to us.

Though my children and I are reliving one Soldier's unique wartime experience, we are also exploring the magnitude of this great battle.

In the process, we are not only honoring the memory of their grandfather, but also learning about the contributions of thousands of Americans who held the line in the winter of 1944.

Information for this article was obtained through Durley Davis' diaries and oral history relayed to his son, John, as well as various written works and histories contained within the 70th Division Web site, www.trailblazersww2.org.

The opinions expressed in the article are those of the author alone and not of the U.S. Department of State.

[Above left] Davis' good conduct and POW medals.



Davis' dog tags from WWII.

SPORTS SHORTS

CYS Sports needs volunteers

CYS Sports and Fitness is looking for instructors who can teach children tennis, track, bowling and other individual sports. For more information, call 431-2616/civ. 07031-15-2616.

IMCOM Europe Boxing to visit Stuttgart

Installation Management Command-Europe Boxing will visit the Patch Fitness Center on Patch Barracks Nov. 21. The event includes an Officials' Clinic Nov. 17-21.

The boxing ring will be open to all service members (including men and women). Weigh-in will be Nov. 21 from 8-10 a.m. The first bout will be at 3 p.m. on Nov. 21 and the entire community is invited to come cheer on the boxers.

For more information, call 379-7667 or 475-7576 or e-mail jim.mattingly@eur.army.mil or tony.leesr@eur.army.mil.

Ice hockey team needs players

Want to play ice hockey? Players with all levels of experience are welcome to participate on the Stuttgart Military Community Eis Hockey Club team. The team practices at a local stadium. For more information, contact SM-CHockey@ymail.com.

Children's Aikido classes available

Child, Youth and School Services hosts Aikido martial arts classes for children ages 8-15 on Mondays from 4-5:30 p.m at the Patch Fitness Center and Wednesdays from 5-6 p.m at the Patch Hub on Patch Barracks.

The cost is \$90 for two months. There is a free trial introductory class for new members. Participants must be enrolled in CYS Services.

For more information, call 430-7480/civ. 07111-680-7480.

Parents of young children attend Cross Training class for workout, child options

Story & photo by **Brittany Carlson**
USAG Stuttgart Public Affairs Office

For parents of small children, the idea of taking a gym class presents a challenge.

Sure, you can go the child-friendly room at the gym and use the treadmill by yourself, said Michele Johnson, a toddler mom and civilian spouse, but it's not as fun to workout alone. Besides, as a parent of a small child, "you can go for days without talking to an adult," she said.

That's why Johnson and 50 other adults in U.S. Army Garrison Stuttgart, many of them parents of infants and toddlers, joined the Cross Training fitness class at the Panzer gym on Panzer Kaserne from 9-10 a.m.; it's a chance to socialize and get in shape, without having to drop children off at a daycare.

The class, taught by group fitness instructor Courtney Rife, includes a corner of the gym where children can play.

"Being able to bring my child, that's the number one factor in my coming here," said Aaron Schofield, civilian spouse and a stay-at-home dad. Schofield usually brings his 19-month-old daughter to the class. "When I workout, she's mesmerized by the gymnastic routine," he said.

Some children, like Schofield's daughter, get to participate in the class by serving as extra weights.

"I put her on my chest for sit-ups," he added. "She's 22 pounds — perfect!"

Besides the fact that Rife allows parents to bring their children, the Cross Training class, which started in February, has also attracted such a large following because it produces results.

"I've seen a huge increase in their strength," Rife said. "[Some] couldn't do one push up. Now, they're knocking out 20 in a row."

The cross training class, similar to boot camp class, focuses on high-intensity cardiovascular and weight training. It also keeps the movements varied, Rife said, and class members rotate to different exercises at a fast pace.

Exercises can be indoor or outdoor, and include step aerobics, jumping rope and lifting weights.



Jane Preston, Marine spouse, uses the step equipment during a Cross Training fitness class on Panzer Kaserne, while others do various cardio and weight exercises.

"I try to incorporate full-body movements," said Rife, who has been a fitness instructor for 14 years. "We do a lot of push-ups, a lot of squats."

Missy Clark, an Army spouse, has seen definite improvements in her fitness level since she started taking the class in June.

"There are things we did in this class today that I could never have done six months ago," she said. That doesn't mean some exercises aren't still hard

for her, however. Clark even made a t-shirt with another classmate protesting one exercise: the "burpee."

To do a burpee, a participant moves from standing to lying flat on the floor, jumps into a squat and up to standing and claps his or her hands overhead, then starts all over. During one class, 40 people wore the "No Burpees" shirt.

"It's like a little cult," said Susan Putnam, a civilian spouse. "It's so much fun."

The class started out with around 15 people, Rife said, and soon grew to 50-plus participants.

The size helps Putnam to keep improving. "It's motivating to see so many people working so hard," she said.

Rife hopes the garrison will fund a 'CrossFit' gym specifically designed for classes like this one. "A lot of participants in the class are ready and wanting to do CrossFit," she said.

For now, Rife just wants her students to keep pushing themselves. And, if more students attend, their children can join the growing playgroup in the gym.

"I really feel for [parents] who have small children," she said. "It makes me really happy to see how hard these moms [and dads] work out."

I really feel for [parents] who have small children. It makes me really happy to see how hard these moms [and dads] work out.

Courtney Rife
Cross Training Instructor

US SHOP
LIFESTYLE ★ MILITARY ★ SUBCULTURE
We buy your used clothing and equipment.
Visit our stores in Mannheim and Stuttgart.
For further information visit:
www.us-onlineshop.com
...we accept VAT-Forms!


BETHEL BAPTIST CHURCH
MAKING MUCH OF JESUS
Independent Baptist Church Serving the Stuttgart area

Sunday School 10 a.m.
Morning Worship 11 a.m.

Children's Church and Nursery Provided

Meeting at the Marriot Hotel Sindelfingen
Mahdentalstrasse 68
71065 Sindelfingen
Tel: 07032-954314

Missionary Pastor- Dr. Harold Pierce (serving our Military and surrounding communities since 1998)

Read *The Citizen* online at www.stuttgart.army.mil

“ Our military life is full of transitions. That’s one of those trigger points where military families are looking for resources when they are preparing to move. ”

Web site offers help for military families

By Fred W. Baker III

American Forces Press Service

WASHINGTON – Sixteen-year-old Robyn Lutzkanin loves the military. As a military child, she said she has moved often and enjoys seeing new places and meeting new people.

“It really opens your eyes up to the world,” Robyn said.

But she admitted to dreading the transition of moving to a new place and having to make new friends.

“Moving is a really big stress, especially on teenagers. Because when you move to a new school, it’s like all of these kids, (and you) don’t know them,” she said.

Three national associations joined forces Sept. 30 to publish a Web site that offers help to military families going through those transitions.

The site, www.TimeToTalk.org/military, is a joint effort by the National Military Family Association, the Partnership for a Drug Free America and the National Association of School Nurses.

The site offers a guide for military parents on how to talk to their children about transitions such as a move or a deployment of a parent.

Talking during that time is critical, Robyn said, addressing a crowd gathered at the U.S. Capitol Sept. 30 to announce the site’s launch.

“The only way to solve a problem is to talk about it. If you let it sit there in the back of your mind, it’s going to start festering in your brain and be like all on you,” she said. “You’ve just got to let it out.”

And parents are ideal for the children to talk to because they are sharing the transition, she said.

“(Parents are) there with you all the time. They can talk to you about anything. You can trust them. Kids at school don’t understand you.

Your teachers sometimes don’t understand you,” Robyn said.

Joyce Wessel Raezer, executive director of the National Military Family Association, said she

hears from families that they need resources to help them deal with these issues surrounding moves and deployments.

“Our military life is full of transitions. That’s one of those trigger points where military families are looking for resources when they are preparing to move,” she said.

“Even the brightest and the best ... walk into that new school, walk into that new town and think, ‘Am I going to fit in? How am I going to find friends?’”

The site also contains information on how to educate members of the civilian sector, such as teachers, who are not used to dealing with problems unique to military families.

But mostly, the site simply helps to initiate conversations that can help parents address difficult topics during difficult times.

“The premise is, ‘Let’s start that conversation between parent and child, and here are ways to help that parent start that conversation,’” she said.

YOU DON'T HAVE TO WAIT ANY LONGER!

The Stuttgart Citizen is now online!

Now you're able to get the **latest military news**, check the **classifieds** and browse the **community happenings** at your convenience.

www.stuttgartcitizen.com





Courtesy photo

One hand holds a compact fluorescent bulb while the other displays an incandescent bulb. Fluorescent bulbs use, on average, 75 percent less energy than an incandescent bulb.

A bright idea: Making the switch to fluorescent bulbs

As a pollution prevention P2 measure, the Environmental Flight is encouraging all base residents to switch over to the more efficient fluorescents.

The basis for this change is primarily energy conservation. It is estimated that if every American home replaced one standard light bulb with an “ENERGY STAR” fluorescent device, it would save more than \$600 million in annual energy costs.

There are three very important reasons to switch to fluorescents.

First, incandescent bulbs create large amounts of heat. Many of us have discovered this when we burned a finger while touching a bulb in use.

Secondly, fluorescent bulbs use, on average, 75 percent less energy than incandescent bulbs, which results in a lowering of electricity bills. This benefits both private homeowners and residents of base housing.

Finally, fluorescent lights can last as much as 10 times longer than traditional incandescent bulbs saving money for replacement costs.

Look for products that display the “ENERGY STAR” symbol to be sure you are getting a government certified device.

It is the goal of the P2 Program to fur-

ther reduce electricity costs by eventually replacing all incandescent lights with fluorescent lamps. The most obvious place to do this is in military family housing and this is a goal of Environmental Management.

Because fluorescent lights contain a tiny amount of heavy metals such as mercury, cadmium and lead, it is important that fluorescents are properly disposed of.

There are several ways for base residents and off-base residents to dispose of these items. One of them is to drop off fluorescent lights at one of the three KMC recycling centers.

With a life span of 10 times longer than conventional bulbs, disposal of fluorescents should be a very infrequent occurrence, but well worth the effort, as we save energy resources and money and benefit the earth.

Tip: Replace all your incandescent lights with compact fluorescent lights to save money on energy costs. Your old working incandescent lights can be donated to Good Will or the Salvation Army to benefit others.

(Courtesy of 86th Civil Engineer Squadron)

What can you do to be more green?

APPLIANCES

What you can do: Choose Energy Star appliances.

If everyone purchasing a clothes washer in the next year were to choose an Energy Star model, together we would save 975 million kilowatt-hours of electricity, 34 million Btu of natural gas and 54 billion gallons of water.

The electricity saved in one year would power every household in Washington for four months. Enough water would be saved in one year to fill the Rose Bowl Stadium 638 times.

Even if appliances don't need replacing, keep them clean and in good repair; clogged air vents or worn-out parts make motors work harder, which wastes energy.

CAR

What you can do: Get the junk out of the trunk and properly inflate your tires.

Carrying an extra 100 pounds in your vehicle could reduce your fuel efficiency by up to two percent.

Properly inflated tires are safer, last longer and save fuel. You can improve your gas mileage by more than two percent by keeping your tires inflated to the recommended pressure.

ELECTRONICS

What you can do: Turn off your power strips or unplug electronics. Power strips can turn off several appliances with the flip of one switch.

Your electronics – computer, TV, DVD player, even your phone charger – use energy even when they're turned off. Stand-by power can account for as much as 20 percent of home energy use. Unplugging your devices or turning off power strips can save you money.

LIGHT EMITTING DIODES

What you can do: Purchase lighting that uses Light Emitting Diodes for home applications.

LED lighting is being made for a variety of uses around the home including recessed downlights, holiday tree lights, night lights and walkway illumination.

LEDs are durable, long-lasting, and use about one-tenth as much energy as incandescent bulbs.

LIGHTING

What you can do: Change your lights to energy-saving compact fluorescent lights.

If every American home re-placed just one light bulb with an Energy Star CFL bulb, we would save almost six billion kwh per year – enough energy to light nearly three million homes.

We'd also save more than \$600 million in annual energy costs and reduce greenhouse gases by the equivalent of nearly 750,000 cars.

The average CFL lasts 10,000 hours, and when you replace it, you can recycle the old one.

Government provides housing crisis help

Installation Management Command-Europe Public Affairs Office

Persistent stateside economic problems are hammering the U.S. real estate market. And many people within the Army community — troops and their families, along with civilian employees — are finding themselves unable to make monthly payments, rent homes, or they have loans where the appraised value of the house is less than the mortgage.

In a recent memo to senior leadership, Lt. Gen. Robert Wilson, commander of Installation Management Command, wrote: “The current housing situation continues to affect Soldiers

who have purchased homes, those living in rentals, and (those making) government-directed moves for permanent change of station and Base Realignment and Closure relocations.”

Consequently, various federal organizations, including the Department of Defense, and private sector agencies, “are aggressively working programs to provide help, information and support during these challenging times,” Wilson stated.

In fact, the American Recovery and Reinvestment Act of 2009 has two such programs to assist people, including those affiliated with the military: the Homeowner’s Assistance Program and the Making Home Affordable Program.

HAP is a DoD initiative with the Army as the executive agent, operated by the Corps of Engineers. Since 1966, HAP has assisted service members and civilian employees whose home values dropped because of BRAC announcements.

In February, President Barack Obama signed the American Recovery and Reinvestment Act of 2009, which contains funding of \$555 million. Additionally, ARRA authorizes the expansion of HAP to three homeowner groups to provide them partial reimbursement for home-sale losses. The groups are:

Warriors in Transition: Wounded service members relocating for treatment or medical retirement, and for surviving family mem-

bers of those who have died while on deployment.

BRAC05: Military and DoD civilian employees impacted by BRAC, without the need to prove whether the base closure or then general housing market decline caused the loss.

PCS: Normal permanent change of station moves, but only on a retroactive basis that covers PCS moves that occurred from July 1, 2006, through Dec. 31, 2009.

“We are in the middle of a credit crunch and housing crisis, and we recognize that military families cannot generally choose when to move,” said Vice President Joe Biden during a May 14 speech in San Diego. “We’ve used the Recovery Act to dramatically

expand what was once a fairly small program, assisting families forced to relocate due to base closures or normal assignment rotations.”

The other initiative boosted by the Recovery Act — the Making Home Affordable Program — might fill the gap for people who are affiliated with the military but are not eligible or do not qualify for HAP. MHAP helps homeowners with refinancing.

For more information on specific program criteria or to apply online if eligible, visit www.myarmyonesource.com/SoldierandFamilyHousing/ for links to HAP and MHAP.

(Additional information from American Forces Press Service)

DRESS FOR LESS!

NEW PROMOTION CAN SAVE YOU UP TO \$3,575*

Customization by Volvo now includes even more amazing savings. Start by choosing your favorite 2010 Volvo - the promotion includes all models. Then add our fabulous Climate package, the metallic color of your choice - including Premium metallic - plus pre-selected luxury single options**. **It all comes at no extra cost!** And on top of your unique Volvo overseas military savings and benefits.

For the Volvo you could never find at home, hurry to Volvo Auto-Pieper. But don't wait too long, this offer is only valid until **December 31, 2009.**

You would like to have the new 2010 XC90 3.2 AWD? - Lets see!

XC90 3.2 AWD	: \$34,605	
Metallic Paint	: \$0	SAVE: \$550-\$675
Climate Package	: \$0	SAVE: \$800
Premium Sound	: \$0	SAVE: \$1400
BLIS	: \$0	SAVE: \$700
Delivery Germany	: \$630	

Total : \$35,235.00



WE TAKE TRADE-INS

Also our Special of the Month: 2009 C70 T5 Convertible

Passion Red, Calcite Cream Leather Premium Package, Climate Package, Dynaudio Package, Convenience Package, Bi-Xenon Lights, BLIS, Power Foldable Door Mirrors, Volvo Navigation System.

WAS: \$47,527.00

NOW: \$42,990.00

Auto-Pieper MILITARY SALES

Serving the Military Community for over 35 Years.

STUTTGART - outside Patch Barracks
Hauptstr. 189B • 70563 Stuttgart • Tel: 0711-620-4885

Email: info@autopieper.com
WWW.AUTOPIEPER.COM

AdvantiPro
Your Advertising Advantage - by Professionals

The Citizen

Free Private Ads
For commercial prices, please contact us!

Classified Ads

Display Ads: Hanna-Maria Weills
E-Mail: ads@stuttgartcitizen.com
Tel: 06 31 - 30 33 55 37
Fax: 06 31 - 30 33 55 35

Classified ads: Sabrina Braun
E-mail: class@stuttgartcitizen.com
Tel: 06 31 - 357 83 06
Fax: 06 31 - 340 59 80

AdvantiPro GmbH | Europaallee 3 | 67657 Kaiserslautern | Mon - Thu: 9:00 - 17:00 | Fri: 9:00 - 15:00

For Sale • Pets • Autos • Wanted
Lost • Motorcycles • and more

AdvantiPro GmbH takes no responsibility or liability whatsoever for any of the products and services advertised in The Citizen. Readers are responsible for checking the prices, qualifications, warranty and any other factor that might help you decide whether to do business with an individual or company advertising herein.

APTS FOR RENT

3BR exclusive apt in Stuttgart close downtown & Kelly for rent. 1800 sqft, lg bath, huge livrm. Kitchen, stor in basem & garage are incl! Huge priv backyard only for you! Move in immediately. €2'300 a month + €300 util. Wolf-Haus, 0170-6886723, 0711-67251122, info@wolfhaus-bw.de

4BR exclusive maisonette apt in Filderstadt close to Kelly & Panzer for rent. 2700sqft, master bathrm, kids upstairs w/ own bathrm, huge livrm, balc w/ nice view, stor in basem. Kitchen & garage incl! €2.850 rent +300€ util. Brand new renovated. Move in November. Wolf-Haus, 0170-6886723, 0711-67251122

HOUSES / APTS FOR SALE

Nice studio apartment with fantastic view for sale two kilometers from Panzer Bks. Large bedroom/sitting room, separate kitchen and full bath, balcony and external storage room on same floor. Full caretaker (Hausmeister) services. Two elevators. Laundry room and bicycle room in building. Also included is another basement storage room and a full garage with very easy street access. Public transportation, grocery store and swimming pool/sauna within walking distance. Nearby countryside invites long walks or jogging in the fresh air.

Asking price is 55,000.-- Euro negotiable. All serious offers considered. If interested or for more information, contact Gil Torbeck, 430-7197 or 07031-678422 (evenings).

PCSing to Kaiserslautern area? A+ Immaculate Freest Home for Sale by Owner (no realtor fees) €317,000. 16 Km from Landstuhl (15 min via autobahn, 20 min to RAM). Turnkey cond. You will not find a better finished, well built home. It will not be on the market for long. Everything covered by LQA! Mortgage, firewood, util are well under LQA limits. Particulars: No Realtor Fees if sold privately (savings of over €12K). Solid, professionally built, finished to highest standards. Exterior 100% newly painted (incl wood finish) July 2009, Good for 15 years! Living Space approx 220 SM, 3-4 very large bedrms, Landscaped Yard approx 800 SM, 100% Fenced (Chain Link). 2car garage (w/ one auto maint pit). Landstuhl &

Kaiserslautern School Districts. Floor heat 1st floor w/ firepl in open flr plan liv area. Custom hardwood kitchen / cabinets incl! Finished basem, workshop / bedrm (w/wood stove). Quiet loc, great views, easy access to autobahn. Call John @ 015223165851 or e-mail zepley@googlemail.com for viewing appt.

Single-family house in Bruckberg (Landkreis Ansbach), close to Katterbach AAF. 4 bedrooms, 1.5 bath, nice yard, 2 car garage. Euro 235,000. Rick (moderier@hotmail.com)

with red leather interior, xenon, winter package, manual, 20000 autobahn miles, must sell, \$24000. Rick (moderier@hotmail.com)

Mini Cooper Convertible 06 w/23K miles, only \$18700! English Racing Green, US Specs, 5spd, power top, windows, locks, climate pack, premium HK stereo, garage kept - excellent cond! 015121309917

Volvo XC-90, '07, AWD, V-6, 30,200 miles, black, leather/heated seats, tow package, cargo gate, new all season tires, 5-seats, excellent condition. \$28,500 obo. Email Josh at VolvoXC-90@hotmail.com Ramstein

AUTOS

2004 BMW 330i, Light Green, 42k, exc cond, \$16k barbera.vincent@gmail.com

2006 Volvo XC-90, exc cond., \$19500.00, 67k miles, all service records complete, fully loaded: new tires, moon roof, rear sensors, 6-CD Call: 06314118230 / 06303806164

BMW 128i, 2008, alpine white

We Tow Cars For Free - we buy all cars even damaged and non-op cars. "Licensed". Will help with Customs and Veh Reg paperwork Call anytime 0163-556-3333

Attention please. We buy all used cars in any condition w/ or w/o insp. We pay top prices. Autosamiexport7@yahoo.de 0176-23628598 or 0174-2062884

\$300 deposit + 5 payments on good reliable cars with inspection! BMW, Opel, Honda & more! Tel. 0631-98741 or 0171-7912679

We Buy All Cars Accident Or Broken Down !!!! We Buy Junk Cars!!!! Towing For Junk Cars***We Do All Customswork!! Phone: 0174-2017910

We buy all cars, accident, high mileage, bad transmission; top prices paid Tel. 0171-7912679

MOTORCYCLES

1996 Harley Davidson FLSTF, Fatboy motorcycle 14,500 miles, custom paint (purple/green flip-flop), chrome wheels, 7 gallon tank, 2" Carlini handle bars, fog light kit, alarm, engine guard, highway pegs, saddle bags, detachable windshield, extra seat, sissy bar backrest, cover, and many, many, many other extras, recently service by Stuttgart HD, email for photo and details, asking \$14,700 now, in spring asking 16K.cptelan@aol.com.

TROPHY-CENTER
local stores in Weiterbach, Mannheim and Spangdahlem

ENGLISH SPOKEN
MILITARY DISCOUNT
CREDIT CARDS
IMPAC CARD
FAST ENGRAVING SERVICE
VAT FORMS ACCEPTED



☎ 06374/1666 o. 5787 - Fax 06374/3729
24h-Online-Shopping: www.trophy-center.de



Enjoy yourself outside by the lake!
Open daily at 10 a.m. - warm meals everyday
Large groups and functions are welcome!
Restaurant Café Bootshaus
Mönchweg 6 - 71032 Böblingen • Phone: 07031-234790

BIDDY EARLY'S HALLOWEEN PARTY 2009
LIVE "GARDEN OF THE DELIGHT"
COSTUME PARTY: DRESS UP AND JOIN THE FUN SATURDAY 31.10.2009 DOORS OPEN @ 18:00

LIVE MUSIC OCTOBER 2009
SAT 03.10. LIVE "NEW SHATTERS" LIVE PARTY ROCK
SAT 10.10. LIVE "SUNBURST" LIVE POP N ROCK
SAT 17.10. LIVE "PALE FACES" LIVE PARTY ROCK
SAT 24.10. LIVE "MALLET" THE BEST PARTY ROCK

REGULAR DATES
EVERY MONDAY "BIDDY'S TRIVIA QUIZ NIGHT" EVERY TUESDAY "TEXAS HOLD'EM POKER"
EVERY WEDNESDAY "KARAOKE PARTY" EVERY THURSDAY "LONG ISLAND ICE TEA NIGHT"
EVERY FRIDAY "LIVE DJ" EVERY SUNDAY "SUPER GUINNESS SUNDAY"

BIDDY EARLY'S IRISH PUB | Mannheim, 28 | 70718 Stuttgart | Phone: 0711-815880 | biddyearlys.com

How to reach your well-being:

Step by step to your dream body through a specialist's treatment.

- Fat cell reduction through ultrasound
- Wrinkle treatment




Free consultation

Dr. medic. Riyadh El-Farra • Privatarzt
Tel: 07031-466822 • www.riyad-elfarra.de

JOE *SATELLITE*
Sky Digital 300+ English channels
0631 343 1418
0171 684 6926
www.joesat.com

FOR SALE - MISC

195/65/15 All-Season (M+S) Tires w/Alloy Rims. 15" VW Golf Silver Rims, 5x100, Goodyear Eagle LS tires. \$450.00 OBO. Fit any 03-07 Golf and possible many other models. Pictures and/or questions. cabanplace@yahoo.com 07056-926443.

27" color remote control RCA tv - \$40; chest of drawers, white halogen lamp (110v) - free; small microwave, small 13' JVC tv, RCA DVD player (all 110v) - \$25 each; ab lounge - \$20; K2 skis with poles - \$40, email for details cptelan@aol.com

Baby and Toddler: Baby Bjorn Carrier (used few times) \$45. Baby bath tub \$3, Push-walker, plays music \$8. Wall Heater (goes above the changing table for fast heat) 220V\$25 (Paid EUR 50). Baby Gate \$8. Linens for crib - blue and white \$8 for each set. White crib bumper \$8. One crib waterproof mattress cover, \$5. Umbrella stroller Winnie the Pooh pattern with clip on umbrella- used once \$15. Baby bottle sterilizer (110V) never used- \$8. Baby bottle warmer (220V) used frequently \$1. 3T Size Red rain jacket and pants, \$15 (paid 45 EURO). Red rain boots, German size 24 - about 8 American Size, \$5. Boopy pillow with 2 extra covers: \$15. One aircraft cabin approved dog carries

for small dogs (flowerpattern) \$15. Call 0711-553-6305

German kitchen. 3.6 meters long, refig, electric stove, dishwasher. Plus 2 meter free-standing separate counter and cabinets. 5 yrs old. Euro 1500, 06332-800884

JVC multi-system color tv-purchased in PX Jan 2008 - \$75AFN Decoder receiver/remote-purchased Jan 2008 - \$150 Sony 110/220V single DVD player purchased in PX Jan 2008 - \$40 German 220V color tv-purchased Jul 2008 - \$75 Haier LCD multi-system 720 tv-purchased in PX Feb 2008 - \$350 2 Elta 220V room fans - \$10 for both German 220V shop vac - \$751 600V transformer-\$70 Elta 220V toaster - \$5 Elta 220V water heater - \$5 Radio/ alarm 220v-\$7 Coffee grinder 220V - \$10 Iron 220V - \$5 LG PX microwave 220V -\$25 Small portable electric 220V grill-

\$10Christmas tree lights 220V Please call 07127 145 487

PC package - Fujitsu Siemens, 1.5ghz/40GB HD/256mb memory/VGA 64mb/CRW CD/DVD, LG Flatron 17" monitor, Epson Photo 890 printer, 2 Speakers, German keyboard, original boxes/software \$300.00. 07152-764377, DSN: 434-5083 hardesty@gmx.de

SkyPlus Digital Satellite receiver with 180gb Hard Drive like Tivo. New Phone Numbers Phone: 06372 6244782 or 0176 62171323

SkyPlus Digital Satellite receiver with massive 180gb hard drive like TIVO. Receive over 120 free to air TV and Radio channels. Current digibox sold by sky aprox 14 month old. 150euro or 220 Dollars call 06372 6244782 or email richard@k-town.de

UMUC Books For Sale: ACCT 310-311 \$80, MKTG 310 \$20, IFSM 300 (9th ed.) \$50, IFSM

300 (7th Ed.) Free, WTG 288 \$15, GEOL 120 \$30. marengo5223@yahoo.com

Excellent Condition, Sherwood 3 slab Pool table, \$2500 OBO., Hunter Plush Green Love seat, \$50, 13" Color TV with VHS + TV stand, \$30 Call 06371465657 or e-mail morristrio@tks-net.com for pics.

LOST & FOUND

Lost prescription eyeglasses on either Panzer or Patch Kaserne. In a tan/cork eyeglass case. If found

please contact 07031-152107

JOBS

DRS in Stuttgart seeks 2 Administrative Specialists to provide project support, action item tracking, QA, project deliverables, and general office duties. 2+ yrs admin exp., strong organizational and communications skills, multi-tasking, MS Office, and US citizenship required. COLA and possible HOLA. Email resume to GES-ID@drs-defensesolutions.com. EOE/M/F/D/V

CHRYSLER Jeep DODGE

Your local service partner in Stuttgart-Vaihingen

Authorisierter Chrysler, Jeep, und Dodge Verkauf & Service

BRUNOLD AUTOMOBILE
Handwerkstraße 9, 70565 Stuttgart
Tel. +49 7 11 78 78 06-0, Fax +49 7 11 78 78 06-21
www.brunold.de

MESSE SINDELFINGEN DIE GROSSE KLARBE

Mit Kreativ-Dörfle

Sindelfingen Christmas Bazaar

November 7-15

Messe Sindelfingen

10 a.m. - 6 p.m. • www.messe-sindelfingen.de

Free entry!



Sindelfinger Christmas Bazaar

The 35th Sindelfinger Bazaar opens from November 7th to November 15th at the Sindelfingen Fair. We feature unique Art, collector items, culinary specialties, fragrances and herbs.

There are various entertainment programs for kids and adults and shopping galore with many gift ideas. A special highlight is an Indian-Camp. A real Native North American presents Indian tribal-culture-customs and tells legendary stories.

Everybody is invited to make candles or bake cookies in our "creative village". Also you can try scarf knitting or create glasmosaic in our special work shop. On the nostalgic side, view the 'Berner Waegli' The Gala-Carriage and the 1886 Daimler Motor Coach.

There are also exhibits for special social programs. For example Neighbors in Need, the German Child Protection Agency, the Animal Shelter or the incorporated society for One- World-Panorama. There is something for everybody and entry is free.

As you can see Sindelfingen is ready to launch the Traditional pre-Christmas season with the opening of the Christmas Bazaar, and remember entry to the various exhibition halls is free, where you can enjoy a leisurely stroll through the area and discover old and new.

You will find a broad variety of high quality gift ideas for daily use, such as unique household items and accessories for the kitchen or home, toys and art-including beauty and wellness products. There is no shortage of tasty dishes, discover gourmet food from Germany and Italy. A real special treat is this years "Baumstriezel". Purchased herbs and spices can be ground on the spot. The aroma of Cinnamon, Coriander and Muscat brings about a Christmas fragrance.

There is also a large selection of Coffee and Tea to try out. You will also find a large variety of Porcelain and unique table decorations at the Sindelfingen Christmas Bazaar.

In closing we would like to mention some additional things you will find here. Products from Finland, like Finnish knives, extravagant woman hats, printed textiles,

Hand weaved silk from Laos, doll clothes, Christmas decoration made of wood, high grade steel lamps, handmade jewelry, flower arrangements, terra cotta, precious stones and on and on.

See you at the Sindelfingen Christmas Bazaar November 7th thru the 15th.

Our Motto: " Well Tried and Many New Things."

DRS in Stuttgart seeks 4 Associate Program Managers to assist in managing project operations, documentation, finances, and project schedules. 3+ yrs program exp., Assoc. deg., attention to detail, multi-tasking, MS Office, and US citizenship required. COLA and possible HOLA. Email resume to GES-ID@drs-defensesolutions.com.

DRS in Stuttgart seeks a SATCOM System Engineer to provide systems engineering, requirements derivation, and technical support on a large SATCOM program. 8+ yrs exp., B.S., and US citizenship required. COLA and HOLA. Email resume to GES-ID@drs-defensesolutions.com.

PROFESSIONAL SERVICES

Are you looking for a good housekeeper? References available. Give me a call! 07032-309881 after 5pm.
www.la-vogue.com
Cocktail dress Evening dress Homecoming dresses Bahnhofstr. 10 Sindelfingen

WANTED

Couch and/or chair or loveseat, preferably brown, tan, white or black in color, no visible stains, will discuss prices, e-mail (preferably with pictures) Amanda at aheadger@gmail.com if you have something similar you would like to sell!

Native English-speaking Au pair in Stuttgart for two kids (1 and 4

ys) We are a young German family living in Stuttgart. We are looking for a part-time au pair (max. 30 hrs per week) who is a native English-speaker to care for our two girls (18 months and 4 years). We need someone to play with them while speaking English. Especially with the younger one, the older goes to kindergarden in the mornings. It would be good if you had experience with small children and are interested in a long-time commitment (10 - 12 month) As an au pair you have to be between 18 - 24 years, you will get "pocket money" of approx 300 ? per month, will be insured and will get german classes. You are welcome to live with us together inhouse, but this is not a must! If you are interested, please don't

hesitate to contact us: rosaca74@web.de

Seeking someone to watch my cat 16 Dec - 1 Jan and possibly other times. Live in Scharnhäuser Park/Ostfildern, prefer someone close. mrstuttgartge@hotmail.com, 0171-778-0433, easier to reach via email.

Yard Worker Needed for mowing and hedge trim. 4 hours per month, 40E or \$55, flexible hours, equipment provided. Quick bus ride from Kelley Barracks in Plieningen. Must be responsible and be 18 years of age. Contact jennjeff1@hotmail.com or 0711-933-53001.

PETS

Pair Gerbils for Sale w/Cage 50\$ or best offer, son is allergic to them. Please call 07031 428682, leave message if I'm not home.

Kitties for adoption: 3 black boys, 10-12 weeks old are looking for a loving Permanent home. No small children. Adoption only with Humane Society contract. For information call: Sigrud Ruckaberle Tel. 07143-60081.

Pet Care and obedience school. We offer professional pet care. Day-/ Holiday Care and Dog boarding. Please call 0711-1239868

Beagle puppies 8wks male & female chipped shot Int Pass €380 In good hands KTown 0160-6967979

ANNOUNCEMENTS

Loving, Christian family is seeking to adopt. Please call day or night 01515 396 4026. www.lovinganewlife.blogspot.com

COME AND PARTY TO THE SPINE-TINGLING BEATS OF DJ NOBBE!

HALLOWEEN PARTY
OCTOBER 31, 2009
Begin 20:30 | Admission free

FREE DRINK COUPON FOR 1 WITCHES' BREW*

(*0.3 l Schönbuch Bräu wheat beer mixed with cherry juice)
Bring in your coupon on October 31st and get your Witches' Brew* for free!

Brauhaus am Biergarten | Lange Straße 20 | 71032 Böblingen | www.brauhaus-bb.de

O'Donovan's IRISH PUB

Mon.-Thurs: 18.00-2.00
Fri.-Sat: 18.00-3.00
Sun: opens for live sport and closes at 2.00

Pub Quiz Tues. evenings
Live TV Sport Tues. Wed. Sun. (incl. American sports)
Live Music most Sat. evenings

Breite Gasse 5
71032 Böblingen
07031-46 54 44
www.odonovanspub.com

brixner CLASSIC CARS

Specialized in all foreign & domestic vehicles!
Maintenance, repair & overhaul, off-warranty service, complete collision repair center (Partner of the USAA insurance)

Tune-up service while you wait!
Come and meet our friendly & helpful staff!
We accept credit cards & VAT-forms

- Tire service
- Engine repair
- Brakes & Rotors
- Computer diagnosis
- Alignment & welding
- Body repair & painting
- Towing service
- Rental car

Brixner Automobile
Dieselstraße 9
70771 L.-Echterdingen
Tel. +49 (0)711-9933770
www.brixner.de (bilingual)

Service Hours: Monday-Friday: 7.30 a.m. to 6 p.m. Sat.: 8 to 12 a.m.



90 min. cost 79 € now offer for 65 €

Facial Treatment Facial Anti-Stress

Take care of your skin
A relaxing and balancing treatment that will calm your skin

ROYAL HAIR LOUNGE & BEAUTY SPA
call 07031-43 99 05

ROYAL HAIR LOUNGE | Poststrasse 51 | 71032 Böblingen

STUTTGART realtors

HOMES FOR RENT
www.stuttgartrealtors.com
Contact 0179- 39 36 835

homes 4 you
THE BEST HOMES FOR AMERICANS IN GERMANY
www.homes4-you.com
Tel.: 0049 (0)7253 / 934 918 9
Investing your LQA or BAH with Zero money down

AdvantiPro is looking for Advertising

SALES REPRESENTATIVES

For our newspaper portfolio. Area of operation: Wiesbaden, Spangdahlem and Stuttgart. If you have sales experience, speak English & German, have a good knowledge of U.S. Military and enjoy a positive team oriented environment, please email your resume to nicole@advantipro.de

AdvantiPro GmbH
Europaallee 3 • 67657 Kaiserslautern • www.advantipro.de

AdvantiPro

www.tkscable.com

TKS A KABEL DEUTSCHLAND COMPANY in cooperation with



iPhone 3G S



Check out the new features:



The fastest iPhone ever
Load web pages, launch apps, and more — even faster.



Voice Control
Use your voice to place a call or play music.



Messages
Send text, photos, videos, and more.



Compass
Let iPhone 3G S point you in the right direction.



Built-in video camera
Shoot video, then edit it right on your iPhone.



Spotlight Search
Search across your iPhone from one place.

Plus other features like landscape keyboard, cut, copy & paste, voice memos and much more.

Don't miss out!

Starting at € 1!

⌘ Pick yours up at your local TKSShop today!

TKSShop Böblingen, Bldg. 2903 Shopping Mall, Panzer Kaserne
Open Mon-Sat 10:00-19:00, Sun 10:00-17:00

STERNHAGEL GÜNSTIG!

Automatic shutdown

14 bar pump-pressure

89,-

KRUPS

**KP 2100 DOLCE GUSTO SCHWARZ-MATT
ESPRESSO-KAPSELMASCHINE**

15 bar pump-pressure with automatic pressure-regulation for an optimal result and perfect whip, aluminium thermo-block, height adjustable cup holder, 1,5 litres removable watertank, automatic shutdown after 20 minutes, available colors: red, white and black, until january 31st 2010 Krups grants a Cash-back-amount of 30.- € on the Dolce-Gusto-machines ending with the numbers 33, to your favor we already charged this amount to this special offer. Further information about this campaign will be given at your Saturn market, available while stocks last. Art.Nr.: 126 7240



IN-STORE PURCHASE NOT GUARANTEED. IF ITEM IS NOT ON STOCK, PLACE ORDER RIGHT AWAY!

Stuttgart

Königstr. 26

Tel.: 0711/12040-0

Fax: 0711/12040-101

www.saturn.de



SATURN